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Health & Wellness

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CASTLE MANOR SUPPORTIVE LIVING • AFFILIATED WITH ST. CLARA'S MANOR

St. Clara's M·A·N·O·R

National Volunteer Month

Give Back to Your Community!

One of the greatest aspects of volunteerism is that there are so many different ways to do it, and sometimes, we volunteer without even making conscious recognition of it -- for example, helping out at church or coaching your child in soccer. Sometimes we can only fit in one day and we serve food at the local soup kitchen or clean up the local park.

These acts all deserve to be applauded, and as the leader of an education organization that cannot do its work without them, I say thank you to every one of those 64 million people who are giving back to their community in their own way.

National Volunteer Month also provides a great opportunity to reflect on how much volunteerism has changed since President Nixon created the first National Volunteer Week in 1974.

Marble Fudge Brownies

Chocolately Deliciousness!

Ingredients

- 1 Box Brownie Mix of Choice (prepare batter as directed)
- 2 8-oz packages of Cream Cheese (softened)
- 1 Large Egg
- 1 Cup Sugar

Directions

Preheat oven to 350 degrees. Pour brownie batter in greased 9 x 13 pan. Blend cream cheese, egg and sugar with mixer until smooth. Place large spoonful drops of cream cheese mix in evenly over brownie mix. Take wooden spoon handle and swirl cream cheese mix through the brownie batter. Bake as directed. Brownies are great with or without topping of your choice.